

- Nine star Ki -

Dealing with 9 Star Ki monthly Stars

Explorations with Heluo

Explorations with Heluo is a series of articles by Heluo on the subject of Time, Space and Destiny



Featuring first time formulas to memorize month Stars

This article is a chapter derived from Heluo's 4-day master class workbook Nine Star Ki and it is shared freely over www

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Dealing with Nine Star Ki Monthly Stars

This article assumes that you are familiar with the way in which the annual Stars are derived for Nine Star Ki and Feng Shui. You will then also know that where we may rely on a formula to find the annual Stars, there does not seem to be a clear cut formula by which to obtain monthly Stars. This article finally offers a short-cut to find the month Stars. Finally, because most may still be carrying around a table for monthly Stars such as the one shown here, or they will have committed the table to memory, which is fine but I will try make this into a much smoother endeavor.

This table for month Stars first assumes that you know your annual Star. Your annual Star can be then located in the top row in either of the columns showing Stars 1,4,7 - 2,5,8 or 3,6,9. Crossing the column belonging to your annual Star with your month of birth will then give your Nine Star Ki month (second) Star. Of course you need to still check exactly in which Solar month you are born according to the Qi (Ki), because you may need to assume the Star of the previous month if you are born between the first up to the ninth of a month: find table at the end). Example birthdate: born March 1973. Nine Star Ki annual Star is 9 Fire, which you locate in the second column (3,6,9). Go down until you find March: month Star 4.

Finding Your Second Star			
To find your month Star you need your annual (first) Star.			
When this first Star is either 1, 4, or 7 check the second column.			
When your first Star is either 3, 6, or 9 check the third column.			
When your first Star is either 2, 5, or 8 check the last column.			
Go to the column that hosts your first Star and look up your month of birth.			
Cross column and row to find your second (or 'Child') Star.			
Months	Locate your annual (first) Star here		
	1, 4, 7	3, 6, 9	2, 5, 8
February	8	5	2
March	7	4	1
April	6	3	9
May	5	2	8
June	4	1	7
July	3	9	6
August	2	8	5
September	1	7	4
October	9	6	3
November	8	5	2
December	7	4	1
January	6	3	9

Unlike for annual Stars, there seems to be no formula to calculate the monthly Stars, i.e. not by my knowing. Not satisfied with this, I once asked a mathematician to find a month formula, but he came back with a neat formula, but one that was more complicated than perhaps anything combined so far. If you are aware of any month formula, please contact me so that future readers may benefit. So, at long last I then found my own 'trick song' that I want you to have – as well as a tiny

calculation that you will find here also - because it will help you get rid of the month table altogether.

Then, we will also show you how to find monthly Stars using your fingers and how you can use your fingers to locate the Earthly Branches, more popularly the Chinese zodiac signs (also known as animals), and how to project the Luoshu on your fingers. On account of locating Branches on your hand, we are aware that there are more formal formats, but the one proposed here is for sake of simplicity.

As you can see from the table, February will be always either 8 Earth, 2 Earth or 5 Earth, depending on the annual Star. Later on in the article we hope to then also share with you what must be one of the lost applications for these Earth months.

The monthly Star for February relies on the annual Star. In other words, the cycle of month Stars fits into the cycle of year Stars, or the smaller bucket fits into the bigger bucket. Year and month cycles find their definition in the earth orbit around the sun, just as the cycle of hour Stars fits into the cycle of day Stars, finding theirs defined in earth's rotation around its own axis.

Also, note that for any solar year the Star for February will be repeated for the November month and you will further note affinity between Stars 1,4,7 – 2,5,8 and 3,6,9. If you are a sports instructor and you want to divide your team of nine players into three smaller teams you would ask numbers 1,2 and 3 to step forward and then ask number 4 to join number 1, you would ask number 5 to join number 2 and so on until you have your three sub-groups. In other words, certain months form a smaller Qi cycle of affinity within a larger year cycle of related Qi. When we want to determine Nine Star Ki month Stars, we first relate to the Nine Star Ki year Star.

However, even the above table is but a reflection of a yet larger depiction that shows us the significance of the month Stars. We will show this diagram a little further down, by which you will see how the monthly Stars table used here is in fact a spiral and you will once more appreciate how Nine Star Ki time cycles eventually coincide with Chinese time cycles.

Why start this table in February, rather than have this table start with January? The month of January may have significance in Gregorian timing and calendric principles, but it is to again signify how the month of January in itself does not carry any weight in the annual waxing and waning of energy and we are of course interested in how Celestial and Terrestrial energies evolve throughout any year.

Let me show you a neat and easy equation that I found to calculate the Qi for February for any given year. If you want to know the Star for February, you first decide into what sub-group of Stars the annual Star falls, i.e. either 1,4,7 – 2,5,8 or 3,6,9. If we take a 1 Water year, then Star 1 falls into the 1,4,7 sub-group. You now simply add all digits of this group and **add 5** and you will have the Star for February in years of 1 Water, 4 Wood and 7 Metal.

Year Star	Equation	Resultant Star for February
1-4-7	$1 + 4 + 7 + 5 = 17 / 1 + 7 = 8$	8
2-5-8	$2 + 5 + 8 + 5 = 20 / 2 + 0 = 2$	2
3-6-9	$3 + 6 + 9 + 5 = 23 / 2 + 3 = 5$	5

It is simply a matter of adding the year Stars belonging to a particular sub-group, add 5 and reduce the outcome to a single digit that then gives the Star for February for the year. It will take you no effort at all to commit this calculation to memory and get rid of the table. Once you found the Star for February, you just use your fingers to count other months as shown below. Then, follow the method of counting on your fingers, shown below also, until you reached the desired month Star.

Trick song

Then also I will show you the trick song that I found in order to get rid of the month table and that will get you into some rap rhythm.

It is again all about finding the Star for February for 1,4,7 – 2,5,8 and 3,6,9 years. Once you found the Star for February, all other months Stars for that year fall into place.

Annual Star	1-4-7	2-5-8	3-6-9
Star February	8	2	5

If you recall the Dolly Parton song '9 to 5', this may help, but only after you added one more hour to your working day, so it becomes '8 to 5' and this then culminates into 8-2-5. Here then is the rhyme. You can slap your fingers and stamp your feet in an upbeat rhythm when you memorize this song, but I just would make sure your neighbors are not anywhere near, or they may be making a phone call.

"February comes alive; 1,2,3 gives 8-2-5"

It says that the year comes alive (starts) in February and that the Star for February then depends on 1,2,3, which is of course code. Out of each set of Stars, only the first is mentioned, so you extend 1,2,3 to read 1,4,7 – 2,5,8 and 3,6,9 respectively.

You may still wish to stick with the conventional month table - which is in itself not too complicated to memorize even, if only you memorize one month Star for each column, for example your own month Star and another month from the next column but now you tune in on a loved one whos month Star becomes your reference point -, or you can now rely on the formula or the trick song.

Everything is in your hand

There are several nice ways by which you can use your fingers in your 'calculations' and we will explore a few. You will rely on your fingers especially when you need find Nine Star Ki month Stars. First look at the four fingers in your hand and note that each finger on your hand can represent a season, while each finger can be furthermore divided into three sections, each to represent a month.

Solar months



Note that the start of seasons is at the base of your fingers. These months signify the Earthly Branches of Tiger (Yin), Snake (Si), Monkey (Shen) and Pig (Hai) that are considered the Birth Places, i.e. containing the first Life Stage for the Five Transformations. Considered from 9 Stars, these months are also always Earth in nature, i.e. 2, 5 or 8, signifying the digestive system and therefore hinting times that would necessitate for certain alterations in food intake and activity so as to keep your personal magnetism in phase with ever changing (Heaven and Earth) environmental currents. The middle sections of your fingers then mark the Equinoxes and Solstices. The monthly Branches at the tip of your fingers represent the so-called Earth Branches, i.e. April is a Dragon month and predominantly Earth in nature although still very much within the Wood domain.

Also, start at the tip of your pinky in January and count back all the way down to February, because in this method you will be counting backward also.

Once we know how to use our fingers in time calculation, we can allocate Nine Star Ki Stars or the Twelve Earthly Branches and the Ten Heavenly Stems.

* See article: "Southern Hemisphere and Universal Qi".

You can project months and seasons on your fingers, although we particularly do not mention the seasons by name, but rather than Spring, Summer, Autumn or Winter use *Wood months*, *Fire months*, *Metal months* and *Water months*. Using seasons by name would imply that the basic techniques pertaining to our Qi studies should be practised differently for the Hemispheres*, which they are pertinently not.

Your four fingers can signify the domain of Wood-, Fire-, Metal- and Water months. Because a year is defined as to start on 4 or 5 February - with the sun reaching 15 degrees into the zodiac of Aquarius - you may count February as the first month. This is valid for Chinese Feng Shui, Four Pillars of Destiny and Nine Star Ki, whereas only the astrology system of Zi Wei Dou Shu would use the Lunar calendar.

Projecting months on your fingers, you can use your thumb to go by any section of your fingers, and either count forward or backward, depending on point of reference.

Starting with the lower section of your index finger – and using your thumb - count months from February to January a few times, until you are comfortable doing this.

Stems and Branches

Earthly Branches signify centrifugal Terrestrial forces that originate from earth's rotation as they also govern energy in our meridians. They are linked to the mother and govern the digestive system. Heavenly Stems signify Celestial forces. They are linked to the father and govern the nervous system.

Earthly Branches		Heavenly Stems	
I	Rat	1	Yang Wood
II	Ox	2	Yin Wood
III	Tiger	3	Yang Fire
IV	Rabbit	4	Yin Fire
V	Dragon	5	Yang Earth
VI	Snake	6	Yin Earth
VII	Horse	7	Yang Metal
VIII	Sheep	8	Yin Metal
IX	Monkey	9	Yang Water
X	Rooster	10	Yin Water
XI	Dog		
XII	Pig		

We can number Earthly Branches I-XII. We can number Heavenly Stems 1-10. This way we can use binomials, so that 4-VIII becomes Yin Fire-Sheep.

Branches contain Heavenly Stems, or the so-called 'hidden elements'.

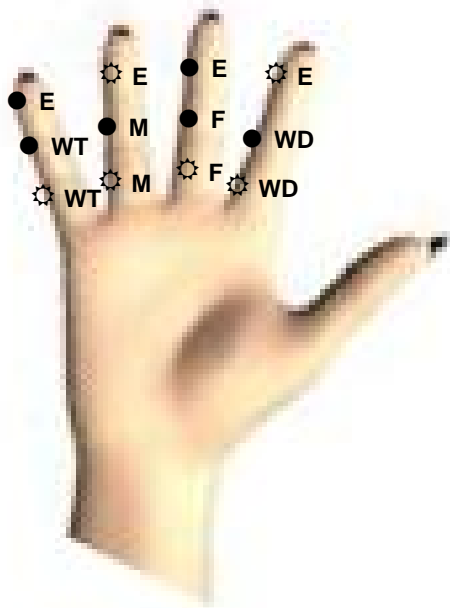
Also note that Earthly Branches may be Yang, but what they contain may be a Yin major element v.v..

Rat may be Yang as a Branch, but Rat contains Yin Water.



A year in Feng Shui, Four Pillars of Destiny and Nine Star Ki is defined as to start at 4 or 5 February. February is the Yin (Tiger) month.

The Earthly Branches are more popularly known as the Chinese zodiac animals, but these are just Terrestrial forces. Each Earthly Branch contains one, two or three 'hidden elements', of which one is always the major God. These hidden elements can be any of the Ten Celestial Stems which are the Five Transformations in either their Yin or Yang appearance.

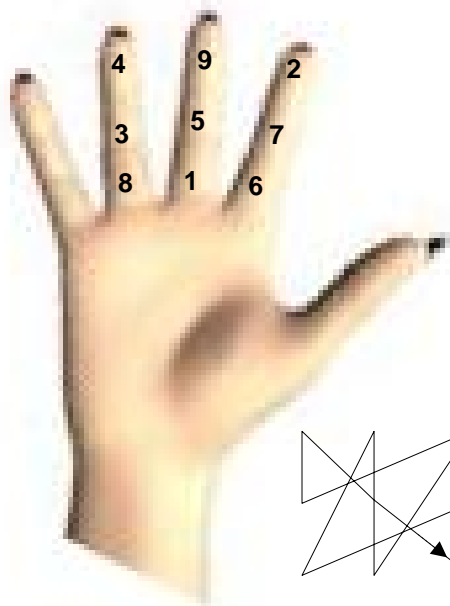


We can extend these months to show the belonging Heavenly Stems. Tiger is Wood in nature and it contains the Heavenly Stems of Yang Wood, Yang Fire and Yang Earth of which the first is the Major God, the strongest and the one mentioned in this diagram.

Snake is Fire in nature and it contains the Heavenly Stems of Yang Fire, Yang Metal and Yang Earth of which Yang Fire is the strongest and mentioned.

Yang Heavenly Stems can be represented by a white dot - ☉ - while Yin Heavenly Stems can be represented by a black dot - ● .

Luo Shu



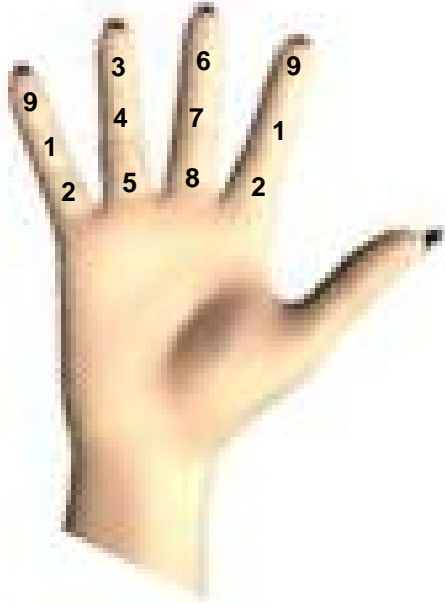
You can project the Luo Shu over your index-, middle- and ring finger, allocating one Star to each subsector on your fingers.

Of course you would 'fly' the Stars in their designated directional pattern, just as you would for the Luo Shu.

The example would be the basic Luo Shu of 5 Earth, but you can of course commit any of the 9 Stars to the center section of your middle finger and follow the flying pattern from there.

Once more, you have your thumb free to fly over your fingers.

Monthly Stars



So far we allocated the month of February to the bottom section of your index finger, but we may let go of any specific order. Any month at all could be projected in the first section of the index finger, depending on your reference.

Let us find the second (month) Star for a person born in April 1962. We know 1962 is a 2 Earth year, so it belongs to the 2-5-8 group of Stars. From the table below we know that February of a 2 Earth year has Star 2. We take 2 to the lower section of the index finger to indicate February, we touch it with our thumb and think 'February'. We need to know the Star for April, so we want to now first locate April on our fingers. So, count 'February, March, April' and stop at April.

Year Star	Equation	Star February
2-5-8	$2 + 5 + 8 + 5 = 20 / 2 + 0 = 2$	2

Then go back. Now you know up to what point to count the Stars backward from February, because the next thing to do is think '2,1,9' to find that April is 9 Fire. If you need to do calculations for a person born in October, November or December and rather than taking February as your reference month, you can take November, because you already know that the Stars for February and November are identical.

Blind man's method



This method is just one out of many. Virtually anything can be 'stored' on your fingers. It is tremendous and you can surprise yourself and others.

As you can imagine, it would be impossible to carry books, calendars and tables wherever you go. In the old days, masters and warriors would travel great distances by foot and the less one needed to carry, the better.

Have you ever seen images like the one here, portraying Chinese people with their hands hidden behind big sleeves? This may be done not to keep one's hands warm or for fashion sake.

Long sleeves also enabled a person to either practise mudra's or secretly counting formula on their fingers. Long sleeves may be used to hide weapons when passing through villages.

This image is a fragment of a painting by Pu Ru 溥心畲
<http://www.chinapage.com/painting/puru/puru.html>

If you consulted a master, he could be seemingly leisurely asking you questions, maybe on the construction date and orientation of your home or ask your birthday, and start giving you all kinds of 'true and fascinating stuff without even having used any paper'. Of course, either hidden in his sleeves or with his hands behind his back, he would be doing finger calculations. Masters would not leave any written notes for you to either figure out how he went about things or so that you could complain or take advantage later on.

Some finger calculations became famous because they were used by blind fortune tellers. By committing formula to memory, one can do without any calendar and swiftly 'calculate' the Four Pillars of Destiny horoscope just on the fingers.

You too can learn this technique and have most - if not all - of the Chinese calendar and Chinese compass codified in your hands.

Using your fingers in Nine Star Ki

Suppose you are sitting with a person with Nine Star Ki Numbers 9.1.4.

It is a 5 Earth year and it is now April. The person tells you that: I will fly to (such and such place) in December.

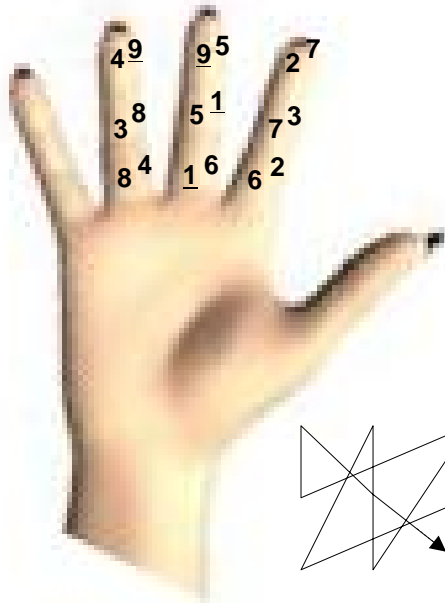
In this case, use your index, middle and ring finger to project the Luo Shu for a 5 Earth year.

Again, you first want to locate Star for February in a 5 Earth year and using the equation, you know it is Star 2. Flying over your fingers you now obtain the Star for December.

Year Star	Equation	Star February
2-5-8	$2 + 5 + 8 + 5 = 20 / 2 + 0 = 2$	2

December of a 5 Earth year is 1 Water. Project the month square just in your mind while using your thumb.

Luo Shu



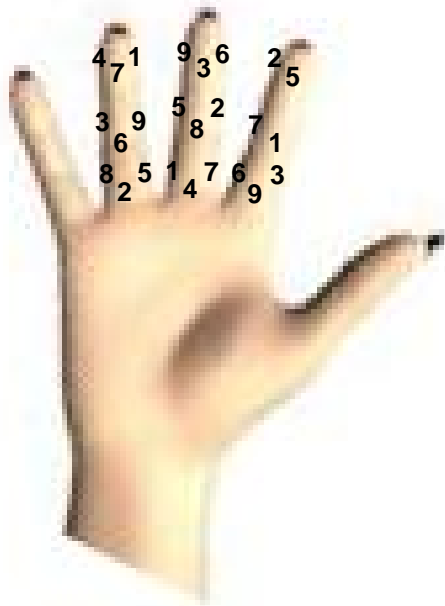
Memorize the locations occupied by the person (9 and 1 underscored) and mind opposite Stars.

Sitting in front of a glass of beer, chatting to this person, you would be probably able to say some nice things and you do not even need the person to know how exactly you are doing this.

In this method of projecting the Luo Shu on your first three fingers, you do not necessarily disregard the pinky.

The Luo Shu on your fingers will not include your pinky, but this finger can be used for alternative equations or to set aside other significant information.

Xuang Kong Flying Star chart



This one may get a little more complex if you try memorize 27 Stars in a Flying Star chart, so you simply don't.

While you are conducting a Feng Shui tour around a house, you will remember the Facing Star and Sitting Star of the premise.

You will know how the Stars fly either forward or backward.

Then you reach the Southeast sector of the house and – while making sure you have good recollection of the entire situation and never lose perspective – you just concentrate on the 4-7-1 Stars there and do your assessments.

Setting up Four Pillars on your fingers



This one may become a real task too, but if you can do it, it will be all the more fun. You may be on your way with no pen and paper. Then you may rely on this.

In this method the middle and upper sections of your fingers act as the actual Four Pillars.

Stems contained in Branches (hidden elements) can be stored in the lower sections of your fingers.

Of course you need a firm working knowledge of Four Pillars of Destiny and you need to know all elements contained in all Earthly Branches, but if you do and you do not have pen and paper ready, your fingers may come in handy.

Significance of month table used in Nine Star Ki

The following table has been deliberately shown incomplete on the account of the organs, so as to distinguish and stress the subject under discussion.

It strikes me how the 'blood' component seems to have been left out from all of the Oriental systems once they got introduced and practised in the West. Today, even Asians seem to have forgotten the very core of the Qi studies, while the biological-physiological component of our studies becomes apparent even from tables such as the one shared further down.

Nowadays both Westerners and Asians* may smile and nod their heads when reading anecdotes such as where a zen master in his last days selects a successor, or how an apprentice was required to stick with the master for fifteen years, hardly without even being taught.

* I cannot stand classifications like the one here, because it doesn't make any sense and it does not at all touch on what I am trying to communicate. We cannot say that there is a Western or Oriental type of thinking. Even if we keep to this type of assessment, it is clear that some Westerners think and live more Oriental than most Asians and many people from the East adopted the Western type of thinking. It would be better to abandon terms such as Eastern and Western and replace it by *dualistic* thinking and *monistic* thinking, or, if we really need to narrow down – and as I prefer – distinguish between 'line thinkers' (which style will eventually lead to and may ultimately result in mere analytic, fragmentary and mechanical thinking) and 'spiral thinkers' which style at least hosts the capacity to have a clear sensation of what Qi actually pertains to. But this aside.

Still, in whatever we study – be that Feng Shui, Nine Star Ki or any other Oriental Metaphysical systems such as martial arts, acupuncture and so on - we are primarily interested in establishing conveyance between Heaven, Man and Earth.

Where Heaven and Earth are defined, we find this as Time and Space. If we define Man Luck, we come across such explanations as 'luck', 'fate', 'study', 'good deeds' or 'action and choice'. I consider such statements as a smaller bucket, however, the smaller bucket yet fitting into a bigger bucket. Let me suggest a definition for Man Luck.

Man luck is in your ability to maintain equilibrium and secure a personal magnetism that is in accordance with the ever changing environmental currents.

Wherever planet earth may be on its orbit around the sun, this will influence earth magnetism, therefore your personal magnetism, therefore it could hint towards proper diet and activity. This subject is beyond the scope of this article as it would require rather more in-depth studies into food and blood transmutation, however, you could broaden your studies into this direction and read about Traditional Chinese Medicine, Five Transformations and diet and more specifically Macrobiotics.

There are many naturally based dietary systems, all worth checking out for as long as you monitor that they keep to a doctrine that includes the natural cycles and offer a vision concerning fate of mankind. You do not need to be a health freak to fully understand the link between blood quality and fate. For as long as the public misses this link, we will find martial artists just only throwing their limbs in the air, practitioners of Zen just only sitting on a cushion, Feng Shui practitioners just minding form and furniture and astrologers actually focussing on character and temperament, while not ever noticing how a person's temperament may just merely be a symptom of an underlying organ Qi. This way, the public will remain very much 'outside the door', so we need restore the 'blood' component back into our studies. This may ultimately also solve much of the confusion (many can hardly

or not handle the paradox on which most Oriental systems are based) and perhaps even controversies that we have seen happen for our Qi studies, as well as the sometimes fragmentaric thinking and mechanical approach.

Said differently, did you notice that in those zen stories, the cook always becomes the new zen master. He is the one controlling the fire, hence health, readiness, fate. Yet, to many practitioners of zen, 'sitting' – so to speak – became the central focus. No-one seems to notice that the actual practise, the meditation, was in keeping to a certain diet and *chewing each bite thoroughly*, so today, instead, the adept that can sit still best probably will be the next teacher.

Proceeding along this line, this is why Michio Kushi once said: "If you wish to write (receive) your own Dao De Jing, eat what Lao Zi had for dinner".

It is no different for Feng Shui that people meanwhile actually seem to believe is about interior design or Nine Star Ki and Four Pillars of Destiny that people seem to regard as mere astrological systems, which they are not.

Since 1994 – and on regard of larger cycles in Nine Star Ki timing - I have projected that all in our Qi studies will change in the period 2000-2008. Not only will we see the Chinese Classics translated into English and freely spread over the internet one by one, not only will the food component be restored back into our studies, I have maintained how the entire field of Oriental Metaphysics will see a revolution. Our studies will not be regarded belief systems any longer, and we will most certainly have a situation in which some of today's 'Big Names' in the field of teaching will have been lost for the field. This will be due to new approaches, the abandoning of some of the myths along which lines the public has learned Feng Shui, Nine Star Ki and Four Pillars of Destiny, where instead the analogies will have made way for actual astronomical explanations. It is just a matter of time therefore, or no student, not even clients, will accept some of today's teachings. Future practitioners of Feng Shui, Nine Star Ki and Four Pillars will be fairly profoundly trained in astronomy, sun physics, geophysics and other exact sciences.

That would be timely, because all this will then also finally help dissolve the image that most seem to still projected on those ancient masters, whom would be generally still regarded long-haired and bare-footed hippies, hopping around the mountains like true backward folk with no more to offer than silly exclamations.

Instead, the world will once more embrace the science of Earth Changes (please conduct websearches on Precession Cycle, Pole Shift, Pole reversal, Alpha Draconis, Star Vega, Solar Flare, Sun Spot, GRB, earth magnetosphere, magnetic North) and recognize these ancients to be the scientists of all types that they were, some of them so flawless and so spot-on that they would be today's Nobel Price winners. While most of modern mankind still needs to get to the first clue concerning planetary fate, the Earth Changes, these scholars had documented the exact events and time scales seven or even eight thousand years ago, in regions such as Egypt, the Old Persia and later (by migration) China and Japan, having taken what they found onto the Luopan for all to see, but in easy-for-the-layman-to-chew codes so that we have been meanwhile taught in fairy tales and myths and as a result of this came to believe that those ancient masters must have just been a collection of morons. How far from the truth that is.

In this regard, also reflect on this one as probably neither of us would nowadays find either guts or patience: the apprentice initially seeking training with his master in the mountains, but now he feels kept on a leash as he soon found himself washing dishes instead. Well of course, now and then the master feeds him some goodies, but this is nonsense teaching and probably just to keep the man busy and

to ensure that he would reveal himself should he then discontinue his training prematurely and start his own school. He will be taught in one after the other Red Herring, in paradox. He will be shown anything, but it will be the finger, rather than the moon. The master would bring him a bucket of water, but the man would remain clueless as to where the water had come from. But then after 10 years, the master finally takes him into the mountains and gives him exercise and genuine teaching.

It is as beautiful as it is simple: the student can be now shown in less than one year what would have otherwise taken many more years - with probably rather superficial result even - for simple reason that all this time his personal magnetism assimilated the water from the locale, he ate and transformed to blood the vegetation that grows around where he lives, he walked the soil with that particular Earth Qi while he also slept under the sky with its particular radiation, so finally his magnetism is ready to receive and 'channel' the teaching, while then allowing an immediate physical sensation of truth. Now the ultimate conveyance between Heaven, Man and Earth was established and we have one more true teacher going out into the world to help change fate and destiny in a profound, empathic and noble manner. It is not about knowledge, it is about nobility and compassion.

Originally the Heavenly Stems and Earthly Branches were used in the Chinese calendar to govern a ten day week. Applications were also to distinguish between agricultural events, like when and what to sow, when to harvest, what crop should or should not be planted for certain years.

The start of each new season was then considered the start of a different Qi to which one needed to adjust one's diet and activity. Therefore, 2, 5 or 8 Earth months indicating the start of a new season. Stars 2,5 and 8 govern the digestive system:

Solar month	Accepted name	Actual phase
February	Spring Begins	Wood season around the globe
May	Summer Begins	Fire season around the globe
August	Autumn Begins	Metal season around the globe
November	Winter Begins	Water season around the globe

Stomach, Spleen and Pancreas belong to the digestive system. One could then adjust dietary habits and prepare food according to Yin en Yang, the Five Transformations and apparent season.

Other factors that could be incorporated in a more intelligible food choice would be gender, age, daily activity, life dream, latitude, geography, topography or the weather influencing the choice of food, what to eat, how to grow, select or prepare the food and which colors and tastes to use.

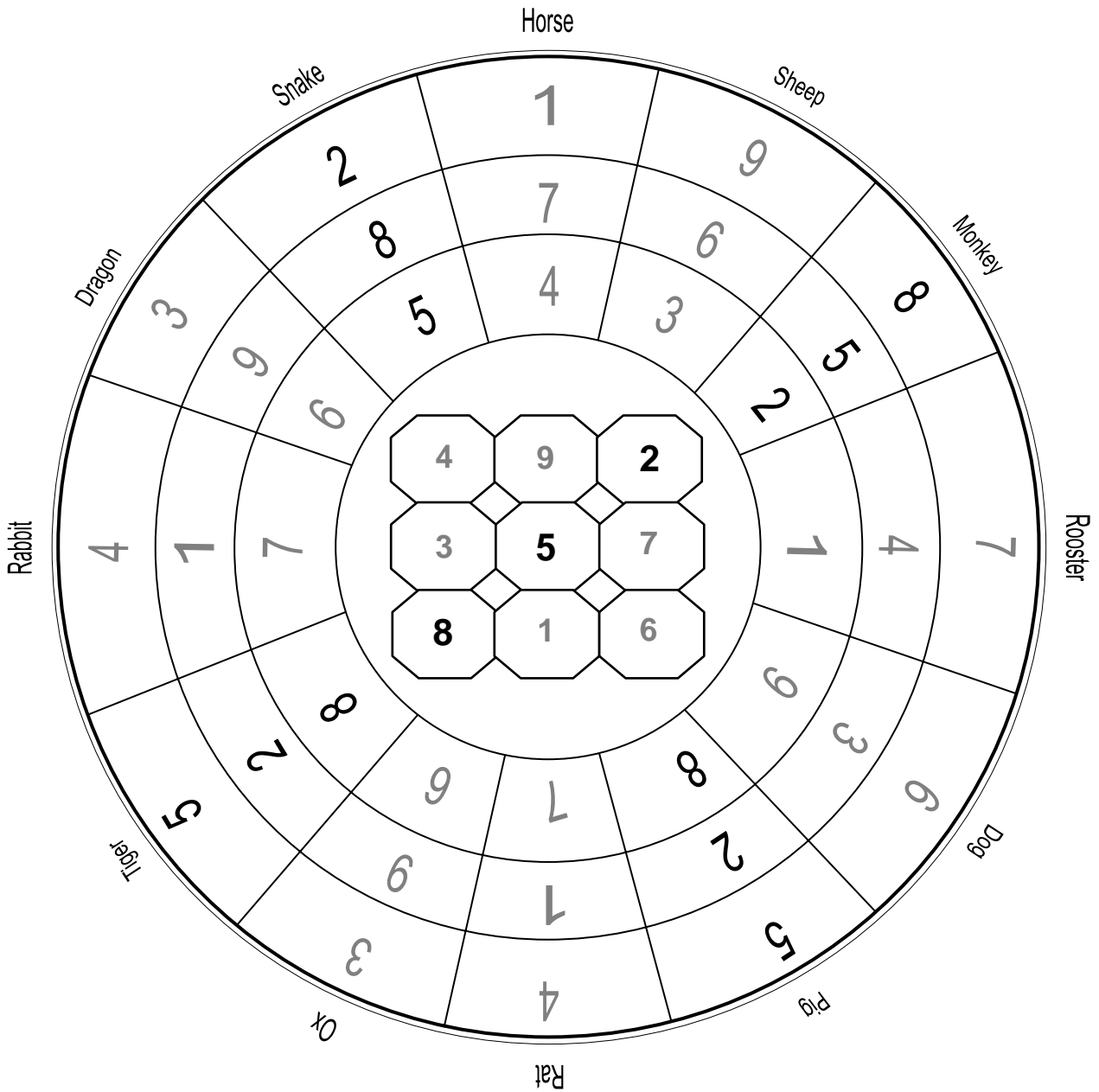
We will consider the 24 Solar Terms. Again, for purpose of this discourse, we are only highlighting the 2, 5 and 8 months and the related organs.

24 Solar Terms							
Solar date	Branch	Pinyin	Event	Organs	1,4,7	3,6,9	2,5,8
4-5 February	Yin Tiger	Li Chun	Spring Begins	Stomach, Spleen, Pancreas	8	5	2
18-19 February		Yu Shui	Rain water				
6-7 March	Mao Rabbit	Jing Zhe	Insects Awaken		7	4	1
21-22 March		Chun fen	Spring equinox				
5-6 April	Chen Dragon	Qing Ming	Clear brightness		6	3	9
20-21 April		Gu Yu	Grain rain				
5-6 May	Si Snake	Li Xia	Summer begins	Stomach, Spleen, Pancreas	5	2	8
21-22 May		Xiao Man	Grain sprouts				
5-6 June	Wu Horse	Mang Zhong	Grain fills (Crops Planting)		4	1	7
21-22 June		Xia Zhi	Summer solstice				
7-8 July	Wei Sheep	Xiao Shu	Lesser heat		3	9	6
22-23 July		Da Shu	Greater heat				
7-8 August	Shen Monkey	Li Qiu	Autumn begins	Stomach, Spleen, Pancreas	2	8	5
22-23 August		Chu shu	Stored heat				
7-8 September	You Rooster	Bai Lu	White dew		1	7	4
22-23 September		Qiu fen	Autumn equinox				
8-9 October	Xu Dog	Han Lu	Cold dew		9	6	3
23-24 October		Shuang Jiang	Frost descends (Frost Falls)				
7-8 November	Hai Pig	Li Dong	Winter begins	Stomach, Spleen, Pancreas	8	5	2
22-23 November		Xiao Xue	Lesser snow				
7-8 December	Zi Rat	Da Xue	Greater snow (Major Snow)		7	4	1
21-22 December		Dong Zhi	Winter solstice				
5-6 January	Chou Ox	Xiao han	Lesser cold		6	3	9
20-21 January		Da Han	Greater cold				

Luopan and 9 Stars conjoined

Now, let us project the 24 Solar Terms table over the Luo Pan. The Nine Star Ki Earth months, indicating start of a new season, are given in bold face.

Start counting in Tiger (February) in the outer 'ring' and proceed along the circumference while you follow 5,4,3..... 6,5,4 until you reached the Ox month. Then move on to the second ring and while you proceed with 2,1,9, 8 etc., notice the spiralic movement of the Universe.



Ascending and descending Qi

Years and months have been currently moving in a Yang or descending order.

According to Michio Kushi, this movement will continue until from 4 February 2104 onward years and months will proceed in a Yin – ascending - order. However, we must accept that the last thing has not been said on the account of time cycles – be that for year, month, day or hour – so we suggest you meanwhile keep your mind ready to unlearn some of the methods that you may have practised and consider new approaches anywhere in the near future.

The movement of Time follows the centrifugality and centripetality of Qi.

Notice the basic configuration of the Luo Shu when you project it over the Luo Pan.

Luo Shu hosts the Earth Stars on an axis coinciding with 'Spring Begins' and 'Autumn Begins', or the Northeast-Southwest axis, which axis I like to call 'arrow'.

It divides the warmer and colder sections of a year and therefore it signifies the starting points for certain Yang or Yin types of people born in those seasons and certain Yin and Yang types of food consumed during those periods. If the atmosphere (environmental factors such as – but not limited to - season, climate, weather and considerations of geography and Latitude) becomes more Yang and in order to maintain equilibrium, one should include more Yin foods and vice versa.

It is another indication coming to us from Luoshu and Luopan for the importance of our digestive system and it may again hint how food intake, external treatments such as acupuncture, breathing exercise and chewing may be incorporated in order to keep Heaven Luck (Time), Earth Luck (Space) and Human Luck (personal magnetism) in phase.

This way, the quality of your blood becomes the central focus in all of your studies of Feng Shui, Nine Star Ki, Four Pillars of Destiny or any other Oriental Metaphysical system that you practise in order to reach good fate. Your blood is the antenna as it will be functional in your channeling of Heaven and Earth forces.

Between Heaven Luck, Man Luck and Earth Luck studies, dietary implications may have been our missing link and need to be restored back in our practise.

The significance of 5 Yellow

Much ado also about 5 Yellow, both in Chinese Feng Shui and in Nine Star Ki.

Most in Feng Shui and Nine Star Ki would still caution against 5 Yellow. It is said to be the Star of disaster. Not only would this be unreasonable, it would be against the Law of Nature "Everything that has a front has a back, the greater the front the greater the back" and it is therefore only natural that Star 5 must be just as noble as it may be easily aggravated to bite you as a vicious tiger.

Yet, modern teaching continues to install anxiety in the minds and hearts of the public where it is still suggested not to travel towards or away from Star 5, for example in directionology where we may find Star 5 in the South and it is therefore claimed best not to travel on the North-South axis. This is mere empty teaching and actually false. I will be the last telling you you should indiscriminately run into Star 5 as a young dog, but there is more to 5 Yellow than has surfaced so far.

You should keep a healthy distance towards active statements always, because more often than not they are one liners pertaining to a much wider context, such that if you would stretch such one liner you would end up with several paragraphs of more actual teaching. So, yes, accidents can and will be caused by 5 Yellow, but accidents can be caused by any other Star, and even if any Star can invoke mishap, the mishap that got included in the active statement may be the most extreme out of an entire string of events related to that Star and that would need happen before the mishap that was projected on the Star can at all occur. In other words, before 5 Yellow can instigate undesirable events, certain conditions must be met first.

It is easy to unlock the true face of 5 Yellow and find what it pertains to once we distinguish between its heliocentric, geocentric or egocentric (from the perspective of man) nature.

Heliocentrically 5 Yellow can be our sun. Geocentrically 5 Yellow can be gravity, the center of our planet still hosting heat from the sun and egocentrically 5 is ego.

- If you regard the center as our sun, the Yellow Path then becomes the earth orbit around the sun, or how planet earth in a heliocentric sense proceeds on its annual orbit around the sun.
- The center can become our planet, and now directional currents fall into place.
- The center may be our ego, and whether we are noble will be revealed because 5 Yellow (as would be true for the other Stars) will merely bring out what was innate already.

Stars are Spirits, and as much as they can be personified, Qi is undemocratic, it is impartial. Just how one relates to the Stars and the directional energies does not rely on the Stars. The Stars may not be keeping to a particular pre-set agenda of their own. It is your personal Qi magnetism that sets the Stars into motion to then bring you either good or ill fate, but instigated by much more mundane factors than one may realize at first. We keep to intimate relations with our environment, and as planet earth's energy waxes and wanes, our personal magnetism will follow along.

The only party perhaps benefitting from keeping you from traveling into the direction of 5 Yellow would be the emperor, whom wanted to secure all riches and authority to himself and needed his people to remain quiet, at work and – above all perhaps – in one location. If you then also feed the public their so-called auspicious and inauspicious directions, you will have assured that they will regard certain directions inappropriate - while you of course would have made sure that it is exactly into these directions they would encounter fortune - and in the process the emperor would know exactly when to collect taxes, i.e. on such dates where his almanac returned a 'non-travel' day for all.

If you keep to a sound judgment, a certain overall readiness, if you are explorative, organized and amazed, all the more if you are benevolent, healthy, you can in some ways and under certain conditions deal with 5 Yellow and it may bring you autonomy and authority. If you follow world events, you will find that 5 Yellow may bring about what was already innate.

If you are susceptible to any of the fear teachings, soon the Luopan will have become your effective jail, rather than a compass.

On behalf of dealing with Star 5, no set rules than beyond just a few formal rules can be given out. Do not experiment with Star 5 without the vicinity of a formal teacher or if from practical experience you are not sure what you are doing.

Start of Solar months (January 1900 starts on the 6th of January)

Year	J	F	M	A	M	J	J	A	S	O	N	D	Year	J	F	M	A	M	J	J	A	S	O	N	D
1900	6	4	6	5	6	6	7	8	8	9	8	7	1956	5	5	5	5	5	6	7	7	8	8	7	7
1901	6	4	6	5	6	6	8	8	8	9	8	8	1957	6	4	6	5	6	6	7	8	8	8	8	7
1902	6	5	6	6	6	6	8	8	8	9	8	8	1958	6	4	6	5	6	6	7	8	8	9	8	7
1903	7	5	7	6	7	7	8	9	9	9	8	8	1959	6	4	6	5	6	6	8	8	8	9	8	8
1904	6	5	6	5	6	6	7	8	8	9	8	7	1960	5	5	5	5	5	6	7	7	7	8	7	7
1905	6	4	6	5	6	6	8	8	8	9	8	8	1961	6	4	6	5	6	6	7	8	8	8	7	7
1906	6	5	6	6	6	6	8	8	8	9	8	8	1962	6	4	6	5	6	6	7	8	8	9	8	7
1907	7	5	7	6	7	7	8	9	9	9	8	8	1963	6	4	6	5	6	6	8	8	8	9	8	8
1908	6	5	6	5	6	6	7	8	8	9	8	7	1964	5	5	5	5	5	5	7	7	7	8	7	7
1909	6	4	6	5	6	6	8	8	8	9	8	8	1965	6	4	6	5	6	6	7	8	8	8	7	7
1910	6	5	6	6	6	6	8	8	8	9	8	8	1966	6	4	6	5	6	6	7	8	8	9	8	7
1911	7	5	7	6	6	7	8	8	9	9	8	8	1967	6	4	6	5	6	6	8	8	8	9	8	8
1912	6	5	6	5	6	6	7	8	8	8	8	7	1968	5	5	5	5	5	5	7	7	7	8	7	7
1913	6	4	6	5	6	6	8	8	8	9	8	8	1969	6	4	6	5	6	6	7	8	8	8	7	7
1914	6	5	6	5	6	6	8	8	8	9	8	8	1970	6	4	6	5	6	6	7	8	8	9	8	7
1915	7	5	7	6	6	7	8	8	9	9	8	8	1971	6	4	6	5	6	6	8	8	8	9	8	8
1916	6	5	6	5	6	6	7	8	8	8	8	7	1972	5	5	5	5	5	5	7	7	7	8	7	7
1917	6	4	6	5	6	6	8	8	8	9	8	8	1973	6	4	6	5	5	6	7	8	8	8	7	7
1918	6	4	6	5	6	6	8	8	8	9	8	8	1974	6	4	6	5	6	6	7	8	8	9	8	7
1919	6	5	6	6	6	7	8	8	9	9	8	8	1975	6	4	6	5	6	6	8	8	8	9	8	8
1920	6	5	6	5	6	6	7	8	8	8	8	7	1976	5	5	5	4	5	5	7	7	7	8	7	7
1921	6	4	6	5	6	6	8	8	8	9	8	7	1977	6	4	6	5	5	6	7	7	8	8	7	7
1922	6	4	6	5	6	6	8	8	8	9	8	8	1978	6	4	6	5	6	6	7	8	8	8	8	7
1923	6	5	6	6	6	7	8	8	9	9	8	8	1979	6	4	6	5	6	6	8	8	8	9	8	8
1924	6	5	6	5	6	6	7	8	8	8	8	7	1980	5	5	5	4	5	5	7	7	7	8	7	7
1925	6	4	6	5	6	6	7	8	8	9	8	7	1981	5	4	6	5	5	6	7	7	8	8	7	7
1926	6	4	6	5	6	6	8	8	8	9	8	8	1982	6	4	6	5	6	6	7	8	8	8	8	7
1927	6	5	6	6	6	7	8	8	8	9	8	8	1983	6	4	6	5	6	6	8	8	8	9	8	8
1928	6	5	6	5	6	6	7	8	8	8	7	7	1984	5	4	5	4	5	5	7	7	7	8	7	7
1929	6	4	6	5	6	6	7	8	8	9	8	7	1985	5	4	5	5	5	6	7	7	8	8	7	7
1930	6	4	6	5	6	6	8	8	8	9	8	8	1986	6	4	6	5	6	6	7	8	8	8	8	7
1931	6	5	6	6	6	6	8	8	8	9	8	8	1987	6	4	6	5	6	6	7	8	8	9	8	7
1932	6	5	6	5	6	6	7	8	8	8	7	7	1988	5	4	5	4	5	5	7	7	7	8	7	7
1933	6	4	6	5	6	6	7	8	8	9	8	7	1989	5	4	5	5	5	6	7	7	7	8	7	7
1934	6	4	6	5	6	6	8	8	8	9	8	8	1990	6	4	6	5	6	6	7	8	8	8	8	7
1935	6	5	6	6	6	6	8	8	8	9	8	8	1991	6	4	6	5	6	6	7	8	8	9	8	7
1936	6	5	6	5	6	6	7	8	8	8	7	7	1992	5	4	5	4	5	5	7	7	7	8	7	7
1937	6	4	6	5	6	6	7	8	8	9	8	7	1993	5	4	5	5	5	6	7	7	7	8	7	7
1938	6	4	6	5	6	6	8	8	8	9	8	8	1994	6	4	6	5	6	6	7	8	8	8	8	7
1939	6	5	6	6	6	6	8	8	8	9	8	8	1995	6	4	6	5	6	6	7	8	8	9	8	7
1940	6	5	6	5	6	6	7	8	8	8	7	7	1996	5	4	5	4	5	5	7	7	7	8	7	7
1941	6	4	6	5	6	6	7	8	8	9	8	7	1997	5	4	5	5	5	5	7	7	7	8	7	7
1942	6	4	6	5	6	6	8	8	8	9	8	8	1998	5	4	6	5	6	6	7	8	8	8	7	7
1943	6	5	6	6	6	6	8	8	8	9	8	8	1999	6	4	6	5	6	6	7	8	8	9	8	7
1944	6	5	6	5	5	6	7	7	8	8	7	7	2000	6	4	5	4	5	5	7	7	7	8	7	7
1945	6	4	6	5	6	6	7	8	8	8	8	7	2001	5	4	5	5	5	5	7	7	7	8	7	7
1946	6	4	6	5	6	6	8	8	8	9	8	8	2002	6	4	6	5	6	6	7	8	8	8	7	7
1947	6	5	6	5	6	6	8	8	8	9	8	8	2003	6	4	6	5	6	6	7	8	8	9	8	7
1948	6	5	6	5	5	6	7	7	8	8	7	7	2004	5	4	5	4	5	5	7	7	7	8	7	7
1949	6	4	6	5	6	6	7	8	8	8	8	7	2005	5	4	5	5	5	5	7	7	7	8	7	7
1950	6	4	6	5	6	6	8	8	8	9	8	8	2006	6	4	6	5	5	6	7	7	8	8	7	7
1951	6	4	6	5	6	6	8	8	8	9	8	8	2007	6	4	6	5	6	6	7	8	8	9	8	7
1952	5	5	5	5	5	6	7	7	8	8	7	7	2008	5	4	5	4	5	5	7	7	7	8	7	7
1953	6	4	6	5	6	6	7	8	8	8	8	7	2009	5	4	5	4	5	6	7	7	7	8	7	7
1954	6	4	6	5	6	6	8	8	8	9	8	7	2010	6	4	6	5	5	6	7	7	8	8	7	7
1955	6	4	6	5	6	6	8	8	8	9	8	8	2011	6	4	6	5	6	6	7	8	8	8	8	7

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